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Foam Ant

## Recipe

- Thread - Black 70d
- Body - Foam
- Hook - Dry Fly Size 12-18
- Legs - black or grizzly hackle


## Prepare Hook



Pinch down barb
Mount hook in vise

Wrap thread

- Start 2 eye lengths behind eye
- Wrap to above barb



## Mount Foam

Tie foam body with indicator above eye $-4 / 5$ wraps

## Tie-In Foam Body



Wind thread in front of foam Wind to starting point

## Tie-In Foam Body

## Tie in front of body $-4 / 5$ wraps

## Tie-In Foam Body



Assure fly centered on top

## Finish body



Trim indicator if needed

## Finish body

Trim rear

- Cut at angle
- Cut above rear of hook bend


## Secure Foam Body



Bring thread back under rear segment

## Secure Foam Body



Add 2 wraps over rear segment

## Tie In Hackle



Black or grizzly hackle
Trim hackle stem - leave some barbs

## Tie In Hackle



Tie in hackle at rear segment - 2-3 wraps

## Move Thread to Front



Advance thread to front segment
Tie in hackle stem

## Move Thread to Front

Wrap thread under foam in front 2-3 wraps

## Wrap Hackle



3 wraps hackle at tie-in point
Angle hackle forward to front segment

## Wrap Hackle



## 3 wraps hackle in front segment

## Secure hackle



Secure hackle in front
Cut hackle

## Secure hackle



Secure thread with whip finish or series of half-hitch knots Cut thread

## Trim Hackle Fibers



Trim hackle fibers above and below fly DO NOT TRIM SIDES


## Finish Fly



Hackle fiber should stick out sides

Cement head AND bottom for durability


## Material Variations



Foam drawer liner


## Variations



